



Lec.5

Medical microbiology

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Bacterial Physiology and Metabolism

1- Bacterial Growth

Factors affecting bacterial growth include:

- Temperature
- Atmosphere – O₂ & CO₂
- H-ion concentration
- Moisture & drying
- Osmotic effects
- Radiation
- Mechanical & sonic stress

1-Temperature

- Bacteria vary in their temperature requirements.
- Temperature range – growth does not occur above the maximum or below the minimum.

- Optimum Temperature – It is the temperature at which growth occurs best, it is 37°C for most pathogenic bacteria

Classification based on Temperature:

- Psychrophiles (15-20 °C) – Pseudomonas fluorescens
- Mesophiles (20-40 °C) – Escherichia coli, Salmonella enterica, Staphylococcus aureus
- Thermophiles (50-60 °C)- Bacillus stearothermophilus
- Extremely thermophiles (as high as 250 °C)

2-OXYGEN

- Depending on the O₂ requirement, bacteria are divided into:

a- Strict (Obligate) Aerobes – require O₂ for growth e.g., Pseudomonas aeruginosa

b- Strict (Obligate) Anaerobes – grow in the absence of O₂ & may even die on exposure to O₂.

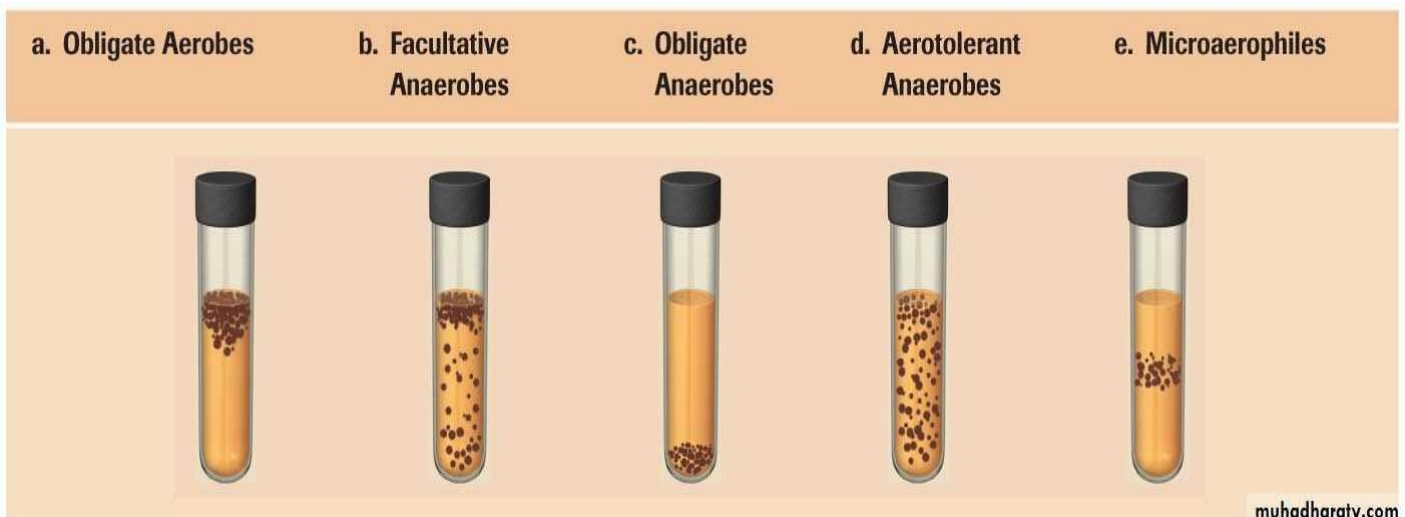
c- Aerobe (grow in ambient temperature, which contains 21% O₂ and a small amount of CO₂, 0.03%)

d- Microaerophilic – grow best in the presence of low oxygen levels e.g., Campylobacter spp, Helicobacter spp

e- Facultative anaerobe – aerobic but can also grow in the absence of O₂ e.g., Staphylococcus spp

f- Aerotolerant anaerobe – anaerobic, but tolerates exposure to O₂, e.g., Clostridium perfringens

g- Capnophilic organism – requires high CO₂ levels eg Neisseria spp



• **The Effect of Oxygen (O₂) on Growth**

- a. Needs oxygen
- b. Grows best in oxygen, but can grow without it
- c. Only grows without oxygen
- d. Grows in low concentrations of oxygen
- e. Grows with or without oxygen

3- H-ion Concentration

- Acidophiles (Lactobacillus acidophilus)
- Alkaliphiles (Vibrio)
- Neutralophiles (pH 6-8)
- Majority of the medically important bacteria grow best at neutral or slightly alkaline reaction (pH 7.2-7.6)



4- Moisture and drying

Water is an essential ingredient of bacteria. Hence drying is lethal to cells.

Effect of drying varies:

- Trepanoma pallidum are highly sensitive to drying
- Staphylococcus spp. withstand drying for months
- Spores are resistant to drying and may survive for several decades

5- Osmotic effects

- More tolerant to osmotic variation due to mechanical strength of their cell walls.

6- Radiation

- X rays & gamma rays exposure – lethal

7- Mechanical & Sonic Stress

- May be ruptured by mechanical stress.

2-Bacterial Nutrition

- Water constitutes 80% of the total weight of bacterial cells.
- Proteins, polysaccharides, lipids, nucleic acids & low molecular weight compounds make up the remaining 20%.
- For growth & multiplication, the minimum nutritional requirements are water, a source of carbon, a source of nitrogen & some inorganic salts

❖ Classification based on nutrition

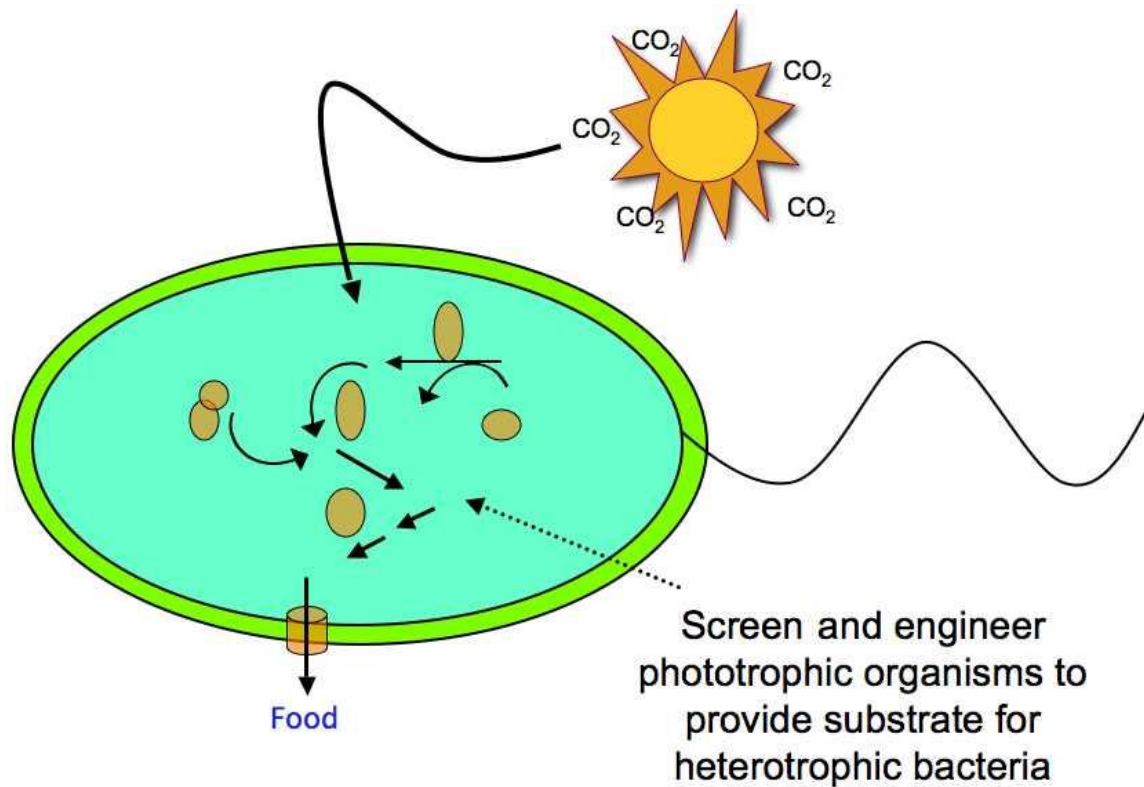
- Based on nutrition, bacteria are classified as:
- **Autotrophs** – can synthesize all their organic compounds by utilizing atmospheric CO₂ & N₂. They have no medical importance.
- **Heterotrophs** – unable to synthesize their own metabolites & depend on the organic compounds.
- All pathogenic bacteria are heterotrophs.

❖ Nutritional Factors

- Some bacteria require certain organic compounds in minute quantities called as nutritional factors.
- It can be :
 - a- Essential** – Compounds that bacterial growth does not occur in their absence.
 - b- non-Essential** – Compounds that enhance growth but without being absolutely necessary for it

❖ Based on Nutritional Requirement Bacteria Can Be Classified As:

- 1- Phototrophs** – Bacteria which derive their energy from sunlight.
- 2- Chemotrophs** – Bacteria which derive energy from chemical reactions.
- 3- Organotrophs** - require organic sources of hydrogen
- 4- Lithotrophs** - require inorganic sources of hydrogen like NH₃, H₂S



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❖ OTHER GROWTH REQUIREMENTS

- Vitamin B complex –
- Thiamine
- Riboflavine
- Nicotinic acid
- Pyridoxine
- Folic acid
- Vit.B 12

3-Bacterial Metabolism

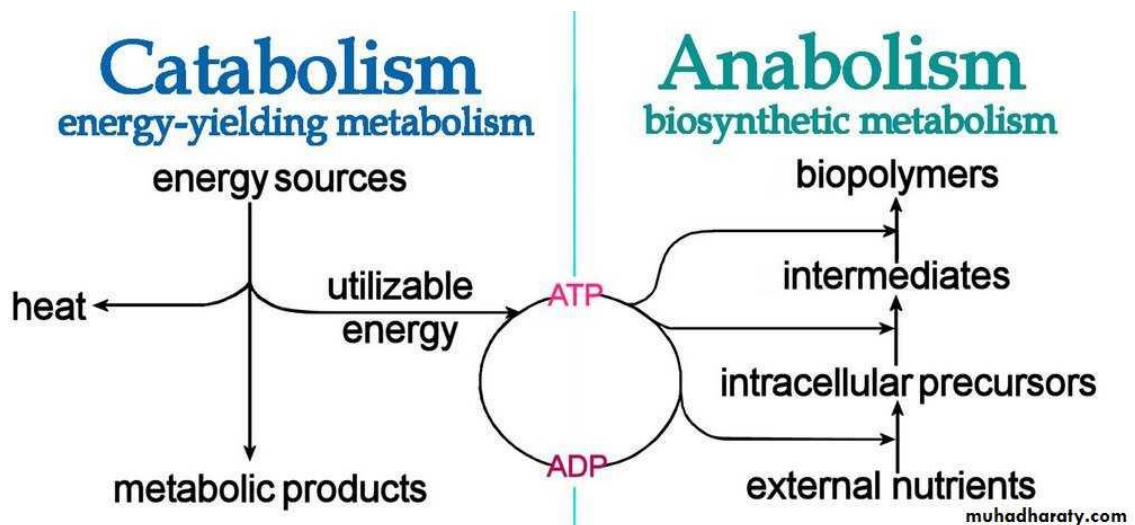
- Metabolism is the totality of chemical reactions occurring in bacterial cells.
- They can be subdivided into :

A- Catabolic reactions that supply energy.

B- Anabolic (synthetic) reactions that consume energy

-Catabolic reactions supply both energy and the basic structural elements for the synthesis of specific bacterial molecules.

-In the anabolic reactions , the energy requirement is consumed in form of light or chemical energy—by photosynthetic or chemosynthetic bacteria, respectively.



A-Catabolic Reactions

-Organic nutrient substrates are catabolized in a wide variety of enzymatic processes that can be schematically divided into three phases:

1-Digestion:

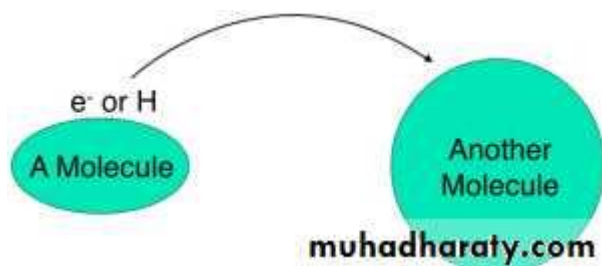
- Bacterial exoenzymes split up the nutrient substrates into smaller molecules outside the cell.
- The exoenzymes represent important pathogenicity factors in some cases.

2-Uptake:

- Nutrients can be taken up by means of passive diffusion or, more frequently, specifically by active transport through the membrane(s).

3-Oxidation:

- This process is defined as the removal of electrons and H⁺ ions.
- The substance to which the H² atoms are transferred is called the hydrogen acceptor.



❖ **The two basic forms of oxidation are defined by the final hydrogen acceptor:**

A – Respiration:

- A series of reactions that convert glucose to CO₂ and allow the cell to recover significant amounts of energy
- Glucose + O₂ \ Carbon dioxide + Water +Energy
- C₆H₁₂O₆ + O₂ \ 6CO₂ + 6H₂O + 38 ATP

B-Fermentation:

- Here an organic compound serves as the hydrogen acceptor.
- The main difference between fermentation and respiration is the energy yield, which can be greater from respiration than from fermentation for a given nutrient substrate by as much as 10 times.

B-Anabolic Reactions

- Some bacteria (like E. coli) are capable of synthesizing all the complex organic molecules that they are comprised of from the simplest nutrients in a very short time. These capacities are utilized in the field of microbiological engineering.
- Some bacteria are capable of using hydrocarbon compounds as an energy source.