

Dr/ Kais Sherif (Assistant professor of Biochemistry) Dr/ Ibrahim Samy Kamel (Assistant lecturer of Biochemistry)

Lecture (1)





General structure of amino acids



Classification of amino acids

I- According to the <u>Chemical structure</u>.

II- According to the **Polarity of the side chain**.

III- According to the <u>Biological value</u> .

IV-According to the <u>Nutritional value</u>.

I- Chemical classification

[A] <u>Amino acids may be</u> :-

→ Acidic → <u>Two</u> amino acids "<u>Aspartic acid</u> & <u>Glutamic acid</u> "
 → Basic → <u>Three</u> amino acids "<u>Lysine</u> & <u>Histidine</u> & <u>Arginine</u>"

 \rightarrow Neutral \rightarrow 15 amino acids

"<u>Neutral</u>" :- Means that the amino acid contains an **equal** number of carboxyl and amino groups "<u>Acidic</u>" :- Means that the no of carboxyl groups is **more** than the no of amino groups

"Basic " :- Means that the no of amino groups is more than the no of carboxyl groups

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[B] <u>Amino acids may be</u> :-
  - Containing (OH) group :- <u>Serine</u> & <u>Threonine</u> & <u>Tyrosine</u>
  - Containing aliphatic side chain :- Valine & leucine
                                                               &
                                                                      Isoleucine &
                                                 & <u>Alanine</u>
                                       glycine
  - Containing sulfur atom :- <u>Methionine</u> & <u>Cysteine</u> "Cystine"
  - Containing "basic" group :- Lysine & Histidine & Arginine
  - Containing "acidic" group :- <u>Aspartic acid</u> & <u>Glutamic acid</u>
  - Containing "amide" group :- <u>Asparagine</u> & <u>Glutamine</u>
  - Containing aromatic ring :- phenylalanine & Tryptophan
                                                                       &
                                                                            Tyrosine
  - Containing imino group:- One example \rightarrow proline
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IIII] Nutritional Classification: Amino acids may be :-"Essential " - Can't be synthesized in the body - Must be supplied in diet. "Non-essential " - Can be synthesized in the body - Depending on the metabolic products of amino acids, T

<u>Zwitter ion</u>

Def :- Molecules that contain an equal number of ionizable groups of opposite charge and that therefore bear <u>no net charge</u>



Amino acids are Amphoteric "They are capable of behaving as an acid and as a base"

i.e \rightarrow Amino acids can <u>accept proton</u> by its amino group \rightarrow Act as a base

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 \rightarrow Amino acids can <u>give proton</u> by its carboxyl group \rightarrow Act as an acid

Isoelectric point (PI) :- Is the PH at which the amino acids carry no net charge

Formation of peptide bond





<u>Secondary structure of Proteins</u>

The chain will be folded to give a specific shape which may be:-<u>a- Helix</u>

- The polypeptide chain is twisted to helix.

 The formation of the a-helix is stabilized by Hydrogen bonds between <u>Carbonyl Oxygen</u> of peptide bond and <u>hydrogen of NH</u> of the next 4th peptide bonds in the chain.



<u>**B- pleated Sheets</u>**</u>

- Formed when hydrogen bonds are formed between two or more adjacent polypeptide chains.



<u>Tertiary structure of Proteins</u>

- Secondary structures are arranged to form final functional 3D structure called domain.

-It occur due to interaction between side chains (R) of the amino acids









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Lecture (2)

Protein Folding

Def :- Physical process by which a polypeptide chain form a stable 3D structure.

- It is essential for proper function of proteins.



 Protein <u>mis-folding</u> leads to loss of function and causes a wide range of diseases such as :- .

<u>Alzheimer's disease</u> and <mark>Parkinson's disease</mark>.

Note :-

-The functions of proteins depend on the ability to <u>recognize</u> and <u>bind</u> with a variety of molecules.

-This ability depends on <u>3D-structure of proteins</u>.

Protein denaturation

Def :- Disruption of the secondary, tertiary, due to cleavage of non-covalent bonds. N.B.:

-The primary structure of protein molecule, i.e., peptide bond is not affected.



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	Fibrous	Globular
Shape	Long, narrow fiber	Rounded (spherical)
Water solubility	Insoluble	Soluble
Stability	More stable	Less stable
<u>Examples</u>	Actin, Myosin, collagen	Albumin, hemoglobin, insulin



2- According to biological functions:

From the functional point of view, they may be divided into several groups.

Enzymes (biochemical catalysts).

In living organisms, almost all reactions are catalyzed by specific proteins called enzymes. They have a high catalytic power, increasing the rate of the reaction.

Transport proteins

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Many small molecules, organic and inorganic, are transported in the bloodstream and extracellular fluids, across the cell membranes, and inside the cells from one compartment to another, by specific proteins such as :-

Hemoglobin: - which carries oxygen from the alveolar blood vessels to tissue capillaries; Transferrin: - which carries iron in the blood

Storage proteins

Ferritin: - that stores iron intracellularly in a non-toxic form; Milk caseins: - that act as a reserve of amino acids for the milk;

Mechanical support

Proteins have a role in the stabilization of many structures such as :-

<mark>1- Keratin</mark>	present in hair, nail	
<mark>2- Elastin</mark>	present in joints and ligaments	
<mark>3- Collagen</mark>	present in skin, bone and connective tissues	

Hormones

- -Many hormones are proteins.
- They are regulatory molecules involved in the control of many cellular functions, from metabolism to reproduction.
- -Examples are insulin, glucagon, and thyroid-stimulating hormone (TSH).

<u>3- according to their chemical structure:</u>

Proteins can be classified as:

(a) Simple proteins.

- On hydrolysis they yield only the amino acids
- Examples are: albumins, globulins, glutelins, albuminoids, histones and protamines.

(b) Conjugated proteins.

- These are simple proteins combined with some non-protein material in the body.
- Examples are: nucleoproteins, glycoproteins, phosphoproteins, haemoglobins
- (c) Derived proteins.
 - -These are proteins derived from simple or conjugated proteins
 - Examples are: denatured proteins and peptides.

Hemoglobin

Def :- is the oxygen-transport metalloprotein in the red blood cells of almost all vertebrates

- Hemoglobin or haemoglobin abbreviated Hb or Hgb,
- Hemoglobin forms an unstable reversible bond with oxygen.
 - **4** The oxygenated state: bright red.
 - **4** The reduced state: purplish blue.

In Hemoglobin (Hemoglobin = Heme + Globin)

• Heme is a Prosthetic group & • Globin is a Protein part



How does HBA1c return an accurate average measurement of average blood glucose?

- When the body processes sugar, glucose in the bloodstream naturally attaches to <u>haemoglobin</u>.
- The amount of glucose that combines with this protein is <u>directly</u> proportional to the total amount of sugar that is in your system at that time.

HbA1c in diagnosis

HbA1c can indicate people with prediabetes or diabetes as follows:

HbA1c	mmol/mol	%
Normal	Below 42 mmol/mol	Below 6.0%
Prediabetes	42 to 47 mmol/mol	6.0% to 6.4%
Diabetes	48 mmol/mol or over	6.5% or over

How does HbA1c differ from a blood glucose level?

- **HbA1c** provides a longer-term trend, similar to an average, of how high your blood sugar levels have been over a period of time.
- An HbA1c reading can be taken from blood from a finger but is often taken from a blood sample that is taken from your arm.



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Lecture (3)

Enzymes

What are enzymes?

They are proteins that help speed up chemical reactions in

our bodies.

- They <u>build</u> some substances and <u>break</u> others down.
- All living things have enzymes.
- In some cases, enzymes can make a chemical reaction

millions of times faster than it would have been without it.



- Most enzymes are built of proteins folded into complicated shapes; they are present throughout the body.
- There are thousands of individual enzymes in the body. Each type of enzyme only has one job, for example,
 - The enzyme <u>sucrase</u> breaks down a sugar called <u>sucrose</u>.
 - The enzyme <u>lactase</u> breaks down a sugar called <u>lactose</u>.

What is the substrate? The substance that the enzyme bind is called substrate # A substrate binds to a specific region of the enzyme surface called the active site and is converted into products.



Once the products leave the active site, the enzyme is ready to attach to a new substrate and repeat the process.

Our bodies naturally produce enzymes. Substrate

> Enzyme-substrate Enzyme Enzyme

Products

complex



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Chemical nature of enzymes

Most enzymes are protein in nature but enzymes may be :

- 1- Simple Protein enzymes: They are formed of protein only.
- 2- Complex (conjugated) Protein enzymes: formed of two parts:
 - 1) Protein part: called apoenzyme
 - 2) Non- protein: called cofactor



<u>Holoenzyme</u> - an enzyme in its complete form including polypeptide(s) and cofactor <u>Apoenzyme</u> - enzyme in its polypeptide form without any necessary prosthetic groups or cofactor

The cofactor may be coenzyme or prosthetic group.

Coenzyme	Prosthetic group	
Organic	Inorganic	
Loosely	Firmly by a supply	
bound	Firmly bound	
NAD and	Metal ions such as:	
FAD	Ca, Fe, Mg, Zn	
	Organic Loosely bound NAD and	

Enzyme nomenclature (Naming):

Since enzymes react with only one type of substance or group of substances, called the substrate, enzymes often have been named by adding the suffix "-<u>ase</u>" to this substrate's name

Ex :- <u>Urease</u> :- which catalyzes the breakdown of urea.

Not all enzymes have been named in this manner, a classification system has been developed based on the <u>type of reaction</u> the enzyme catalyzes.

Enzymes can be indexed with letters and numbers according to International Union of Biochemistry and Molecular Biology" <u>IUBMB</u>":

There are six principal categories and their reactions: →





Mechanism of enzyme action

The substrate (S) binds to the enzyme (E) to form <u>enzyme substrate complex</u> (ES)
The complex (<u>ES</u>) cleaved to the products (<u>P</u>) and the original enzyme (<u>E</u>)
Theories of enzyme substrate binding (Two theories):

<u>1- Lock and key theory (Proposed by Fischer in 1894):</u>

-The catalytic site of the enzyme has a shape that is <u>complementary</u> (fit) to the shape of the substrate. It is a <mark>rigid model</mark> (template theory).



2- Induced fit theory (Proposed by Koshland in 1958):

- The catalytic site of the enzyme is not <u>complementary</u> to the substrate.
- In this case, binding of the substrate to the enzyme induces changes in the shape of the catalytic site making it more fit for substrate.
- It a <mark>flexible model</mark>.



1 - Effect of Temperature

<u>At low temperatures</u>, the number of collisions between the enzyme and substrate is reduced because their molecular movement decreases. <u>The reaction is slow</u>.
 <u>Higher temperatures</u> disrupt the shape of the active site, which will reduce its activity, or prevent it from working. <u>The enzyme will have been denatured</u>.

The human body is maintained at 37°C as this is the temperature at which the enzymes in our body work best. This not true of the enzymes in all organisms.

How temperature affects enzyme action?

- > Enzymes work best at a particular temperature.
- High temperatures will <u>break</u> the forces stabilizing tertiary structure.
- The enzyme, including its active site, will change shape and the substrate no longer fit.
- The rate of reaction will be affected, or the reaction will stop.



2- Effect of substrate concentration

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Enzymes will work best if there is <u>plenty</u> of substrate available

The rate of reaction <u>increases</u> as the substrate concentration <u>increases</u> up to certain point at which the reaction rate is <u>maximal</u> (Vmax.)

At Vmax, the enzyme is completely <u>saturated</u> with the substrate, Then any increase in substrate concentration <u>don't</u> affect the reaction rate.



4 <u>Km</u> :- the substrate concentration at which the reaction rate is <u>50% of the Vmax</u>.

- Km is a measure of the <u>affinity</u> an enzyme has for its substrate.
- As the <u>lower</u> the value of Km, the <u>more</u> efficient the enzyme is at carrying out its function at a <u>lower substrate concentration</u>.

3- Effect of pH

- Each enzyme has an <u>optimum pH</u> at which its activity is max.

E.g. Optimum pH of pancreatic lipase = 7.5-8

Optimum pH of salivary amylase = 6.8

Changing the pH of its surroundings will also <u>change the shape</u> of the active site of an enzyme.

Notes :-

Changing the pH will affect the charges on the amino acid molecules, so the shape of the enzyme will change. (Denaturation of enzyme occurs).



4- Effect of enzyme concentration

As the concentration of the enzyme is <u>increased</u>, the enzyme activity also <u>increases</u>.
This increase in enzyme activity does not occur forever.
So when the amount of available enzyme exceeds the amount of substrate then no more

substrate can be broken down.

5- Effect of coenzyme concentration

+ In the conjugated enzymes that need coenzymes, the increase in the coenzyme concentration will increase the reaction rate

6- Effect of time

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+ In an enzymatic reaction, the rate of reaction is decreased by time.

This is due to:

- 1- The decrease in substrate concentration.
- 2- The accumulation of the products.
- 3- The change in pH than optimum pH.

7- Effect of enzyme inhibitor

+ Presence of enzyme inhibitor decreases or stops the enzyme activity


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Lecture (4)





Enzymatic process	Substrate	Inhibitor
Folic acid synthesis in bacteria	Para aminobenzoic acid (PABA)	Sulfanilamide
Prothrombin synthesis	Vitamin K	Dicumarol
Xanthine oxidase	Xanthine	Allopurinol

Non-competitive inhibition 1- There is no structural similarity between the inhibitor and the substrate. 2 - The inhibitor does not bind to the catalytic site, but bind to another site. 3- The inhibition is irreversible 4 - It can't be relieved by increasing substrate concentration competitive inhibitors Substrate Activesi Enzyme Enzyme Enzyme noncompetitive inhibitors (a) Substrate can normally (b) Competitive inhibitor (c) Noncompetitive inhibitor bind to active site of mimics substrate and alters conformation of competes for active site. enzyme so active site is enzyme. no longer fully functional.



Control of enzyme quantity

A-Induction:

- Increase in the rate of enzyme synthesis by substances called inducers
- Inducers increase the rate of enzyme synthesis at the level of gene expression <u>E.g.:</u>

Induction of lactase enzyme in bacteria grown on CHO media

<u>B-Repression</u>: (Feedback regulation)

- Decrease the rate of enzyme synthesis by substances called repressors
- Repressors decrease the rate of enzyme synthesis at the level of gene expression
- E.a.:

しんしんしん <u>Cholesterol</u> decreases the rate of synthesis of <u>HMG-CoA reductase</u> which is a key enzyme in cholesterol biosynthesis

C-De-repression:

Enzyme synthesis retains its normal rate after removal of repressor

Control of catalytic efficiency of the enzyme A-<u>Allosteric regulation:</u> Is just any form of regulation where a regulator molecule (an activator or inhibitor) binds to an enzyme someplace other than the active site Active site Enzyme The place where the regulator binds is called the **allosteric site**. Types of effectors i- If the binding <u>increases</u> the activity of enzyme, the effector is called positive effector or allosteric activator. Allosteric site **E.g.** ADP is positive for phosphofructokinase enzyme ii- If the binding decreases the enzyme activity, the effector is called negative effector or allosteric inhibitor. E.g. ATP and citrate are allosteric inhibitors for phosphofructokinase enzyme. Mechanism of allosteric regulation:

Binding of the allosteric effector to the regulatory site causes <u>changes in the shape</u> of catalytic site to be more <u>fit</u> to substrate (allosteric activator) or <u>unfit</u> for substrate (allosteric inhibition)





B-Feedback inhibition:

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- The end product of a reaction *inhibits* the activity of an enzyme early in the pathway.



C-<u>Proenzymes (Zymogens):</u>

- **4** Some enzymes are secreted in inactive form called proenzymes or zymogens.
- Zymogens are inactive because it contains an additional protein that <u>blocks</u> the active site of the enzyme.

MANANANANANANANANA

Activation of zymogens occurs by removal of the peptide chain that masks the active site. <u>Examples</u>: Pepsinogen, trypsinogen & clotting factors

Biological importance of zymogens:

- 1- Protect the tissues of origin from auto digestion
- 2- Rapid mobilization of enzyme activity at the time of needs in response to physiological demands.

D-<u>Covalent modifications:</u>

• <u>Modification</u> of enzyme activity through formation of covalent bonds

by: Methylation, Hydroxylation, Adenylation, Phosphorylation

- <u>Phosphorylation</u> is the most method used to control enzyme activity.
 - It occurs by addition of phosphate gp to the enzyme at the -OH of

serine, threonine or tyrosine. This occurs by protein kinase enzyme

- <u>Dephosphorylation</u> occur by removal of phosphate group by phosphatase enzyme
- <u>The phosphorylated</u> form may be the active form in some enzymes.
- <u>The dephosphorylated</u> form may be the active form in other enzymes.

D-<u>Protein- protein interaction:</u>

- **4** It occurs in enzymes formed of many protein subunits "chains".
- + The enzyme may be present in inactive form through interaction between its subunits
- + Activation of enzyme occurs by separation of the catalytic from the regulatory subunits.

Example: Protein kinase A (PKA) [Formed of 4 subunits 2C + 2 R]



Isoenzymes

They are many forms of the enzyme that have the same catalytic activity,

Examples: 1- Lactate dehydrogenase (LDH).

2- Creatine kinase (CK).

3- Acid phosphatase.

4- Alkaline phosphatase.

Example 1: Lactate dehydrogenase (LDH):

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- LDH enzyme is formed of 4 protein subunits. of 2 types, H (heart) and M (muscle).

- Lactate dehydrogenase has 5 isoenzymes:

			Shape
LDH1	нннн	Myocardial infarction	88
LDH2	нннм	Myocardial infarction	
LDH3	ННММ	Leukemia	
LDH4	нммм	Viral hepatitis	
LDH5	MMMM	Viral hepatitis	

Example 2: Creatine kinase (CK): NANANANAN

- CK enzyme is a dimmer formed of 2 protein subunits.
- The subunits of CK are of 2 types, B (brain) and M (muscle).
- Creatine kinase has 3 isoenzymes.

Isoenzyme	Increases in	Shape
СК ВВ	Brain tumors	BB
CK MB	Heart diseases	BM
CK MM	Skeletal m uscle diseases	

 CK isoenzymes are clinically important to differentiate between brain, heart and skeletal muscle diseases.

Source of isoenzymes:

- 1- <u>Isoenzymes:</u> produced by <mark>more than one gene</mark>; each gene produces <mark>one subunit</mark> .
- 2- Isoenzymes may be produced by the same gene but the subunits undergo different post-translation modifications in different organs.

Plasma enzymes

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Blood plasma contains many enzymes.

They are classified into <u>functional</u> and <u>non-functional</u> plasma enzymes.

	Functional plasma enzymes	Non-functional plasma enzymes
Concentration in plasma	Present in plasma in higher concentration in comparison to tissues	Present in plasma in very low concentration in comparison to tissues
Functions	Have known functions	No known functions
The substrate	Their substrate are always present in the blood	Their substrate are absent from the blood
Site of synthesis	liver	Different organs e.g. liver , heart , brain and skeletal muscles
Effect of diseases	Decrease in liver disease	Different enzymes increase in different organ diseases
Examples	Clotting factors , lipoprotein lipase and pseudo-choline esterase	ALT , AST,CK,LDH, alkaline phosphatase , acid phosphatase and amylase

Sources of non-functional plasma enzymes:

1- Obstruction of normal pathway.

- 2- Increased permeability of cell membrane: as in tissue hypoxia.
- 3- Cell damage with the release of its contents of enzymes into the blood.

Medical importance of non-functional plasma enzymes:

1-Diagnosis of diseases:

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2-Prognosis & follow up of the disease: by measuring the plasma enzymes before and after

treatment.

Disease
Pancreatitis
Heart, brain, skeletal muscle diseases
Heart, liver, blood diseases
Liver diseases
Liver and heart diseases



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Lecture (5)



<u>Carbohydrates</u> are biomolecules consisting of carbon (C), hydrogen (H) and oxygen (O) atoms, usually with the general formula $C_n(H_2O)_n = C_nH_{2n}O_n$

- **4** There are some carbohydrates, which <u>do not</u> have this general formula
- + There are substances which are <u>not carbohydrates</u> but have the formula $C_nH_{2n}O_n$

Importance of carbohydrates:

- 1) The chief source of energy.
- 2)Important structural components in animal and plant cells.
- 3)Important part of nucleic acids and free nucleotides and coenzymes.
- 4) Major antigens are carbohydrates in nature, e.g., blood group substances.
- 5) Biological role as part of hormones and their receptors and enzymes.





Monosaccharides

Simplest carbohydrates, composed of single sugar unit according to the formula C_nH_{2n}O_n
Monosaccharides can be classified according to :-

(1) The number of carbon atoms present in the monosaccharide

The name of any monosaccharides composed of two parts [prefix + suffix]

<u>Prefix</u> = No. of C. atoms

Suffix = ose

<u>A monosaccharide</u> containing <u>three</u> carbon atoms is called a <u>triose</u> <u>A monosaccharide</u> containing <u>four</u> carbon atoms is called a <u>tetrose</u> (pentose? hexose?)

(2) Whether they contain an aldehyde or keto group : (i) <u>Aldoses</u> :- contain C=O in C₁ [<u>aldehyde</u> group]
 (ii) <u>Ketoses</u> :- contain C=O in C₂ [<u>ketone</u> group]







Optical activity is the ability of a chiral molecule to rotate the plane of plane-polarized light (The rotation may be <u>clockwise</u> or <u>Anti-clockwise</u>).

D- and L- sugars

If the rotation was <u>clockwise</u>, the sugar called <u>dextrorotatory</u>,

If the rotation was <u>Anti-clockwise</u>, the sugar called <u>levorotatory</u>



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·H

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CH₂OH

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Some definitions

Aldose: A carbohydrate containing an aldehyde functional group.

Ketose: A carbohydrate containing a ketone functional group.

Fischer Projection: A way of representing carbohydrate structure

Haworth Projection: A way of representing a cyclic (<u>closed chain</u>) carbohydrate substituents can either point up or down on this ring.

Furanose: A five-member closed chain form of a monosaccharide.

<u>Pyranose</u>: A <u>six-member</u> cyclic form of a monosaccharide.

<u>Anomeric carbon</u>: The carbon atom that becomes a new asymmetric center in cyclic form.

Anomers: The configuration around the anomeric carbon (Carbonyl group)



> <u>Epimers</u> :- Differ at only one chiral center, not the anomeric carbon.

[Ex:- glucose & galactose at C4]



Enantiomers:- D- and L isomer "Mirror image"



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Drawing Haworth projection CH₂OH Has a ketone group Has an aldehyde group OH н HO-HO-Has hydroxyl groups Has hydroxyl groups OH OH OH CH₂OH **D-Fructose** ĊH₂OH CH₂OH CH₂OH OH OH HO OH OH HO HO н OH OH н Groups on left side of Fischer **β-D-Glucopyranose** projection are facing upwards, while groups on right side are facing downwards in this representation CH₂OH (hemiacetal of D-glucose) up on down on Haworth projection the ring the ring

D-Glucose Fischer projection

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Monosaccharides of Biological Importance

Glucose

a) Major source of energy for humans and animals tissues.
 (Some cells and tissues e.g. brain and erythrocytes depend mainly on glucose because they cannot oxidize alternative fuels.)

b) The body maintains a fairly constant blood glucose level of 70-140 mg/dl at all times.

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- c) Most ingested carbohydrates are absorbed in the form of glucose.
- d) Glucose can be converted into other sugars in the liver and other tissues

[e.g. galactose, fructose, ribose and glycogen.]

Galactose

a) It is synthesized in <u>mammary gland</u> to form the disaccharide lactose (sugar of milk)
b) Presents in tissues as a constituent of <u>galactolipid</u> and <u>glycoproteins</u>.

Fructose

- a) It is present in <u>semen</u> and is a constituent of disaccharide <u>sucrose</u>
- b) Seminal fluid is <u>rich</u> in fructose that is formed from glucose and sperms utilize fructose for energy.

Ribose

- a) Ribose and deoxy-ribose form part of the structural backbone of nucleic acids <u>RNA</u> and <u>DNA</u> respectively.
- **b)**Ribose enters in the structure of <u>high-energy phosphate compounds</u> (e.g. ATP) and also in the structure of <u>coenzymes</u> such as (e.g. NAD).